



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2020

Sporting Excellence in Karate

National Level

Jay Norris

This is to certify that Jay Norris has achieved the standard of Sporting Excellence in Competition Sport Karate. Jay competed at the highest level of British Karate in 2020 winning the medals and titles listed below:-

Championship Success - 1 Silver

English National Kyu Grade Championships - 22nd & 23rd February, Birmingham
Silver - Individual Kata

Congratulations on your outstanding sporting achievements throughout 2020. These performances and results have made you one of the top karate athletes in the country in your age group. Well done Jay.

Sensei Wayne Clarke 4th Dan
Head Coach - The Hull & East Riding Karate Academy



British
Karate
Federation

